



THE PSBB MILLENNIUM SCHOOL Gerugambakkam

TALENT HUNT 2018-19

The final round of TALENT HUNT 2018-19 for classes 3, 4 & 5 will be conducted on the dates given below. (Please note the revised dates)

- ❖ **Art, Craft & Sloka** : 08.04.19
- ❖ **Yoga & Dance** : 09.04.19
- ❖ **Instrumental** : 09.04.19
- ❖ **Western Music & Indian Music**: 10.04.19

The theme for the Final round is **'PAARAMPARIYAM'**.

COMPETITION	TOPIC
Yoga	<p>Std3 : Natarajasana, Parivrtta Janu Sirasasana, Halasana, Padma Sarvangasana, Standing chakrasana (30 seconds per Asana)</p> <p>Std 4 : Karbapindasana, Badha padmasana, Vasistasana, Eka Pada Sarvangasana, Upavista Konasana (30 seconds per Asana)</p> <p>Std 5 : Hasta Padangusthasana, Padha angustha padma utkatasana, Sirasasana, Ardha Raja Kapotasana, Bakkasana (30 seconds per Asana)</p>
Sloka Recitation	<p>Prayers in our daily routine:</p> <ol style="list-style-type: none"> 1. While waking up from bed 2. While setting foot on the ground 3. Before brushing teeth 4. While taking bath 5. Before beginning studies 6. Before taking food 7. While lighting the lamp. 8. While going out. 9. Before going to bed / sleep 10. For good health 11. Worshipping trees
Western Music Vocal	Old English Songs

Note:

- The duration for Western music vocal, Indian Music vocal, Sloka, Dance Indian classical, Indian & Western Instrumental – 3 to 4 mins.
- Sloka competition:
 - Students should learn all the 11 slokas.
 - Std 5 should learn the slokas along with the meaning.
- Art & Craft :
 - The duration for Art & Craft – 90 mins.
 - Children are allowed to use materials of their choice for the Craft Competition, except plastics & thermocol.
 - Only drawing sheets will be provided by the School for the Art Competition. Any medium of colour can be used.
- Dance :
Selected finalists for classical dance should perform in their Bharathanatyam costume.

Kindly follow all the instructions. Deviation if any, the student will be disqualified.

All the very best students!!!